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# IRVINE POLICE DEPARTMENT

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## FOR Families

*Written by Debbie Brunn, MS, LMFT; FOR Families Supervisor*

In partnership with the Irvine Police Department, the City of Irvine's FOR Families program shares in its commitment to the mental health and well-being of the Irvine community. Since 1988, the City's Community Services Department has supported the FOR Families program which provides information and short-term assistance for individuals, couples and families living in Irvine who are struggling with a variety of challenging issues including: relationship difficulties, parenting, mental health, substance abuse, family violence, legal and financial concerns to name a few. FOR Families staff offers free, confidential consultations by phone, email and/or appointment to community members to help assess needs and develops action plans through creative problem solving, goal setting and referral linkage.

FOR Families staff collaborates closely with the Irvine Police Department, specifically the Mental Health Outreach Unit, in order to focus on wrap-around services for community members and/or their families struggling with mental-health related concerns by providing follow-up contacts, outreach and resource linkage. Additionally, FOR Families works in partnership with multiple community agencies and other City-related programs including Senior Services, Disability Services, TRIPS, Child Care Coordination, Community Services Parks and Recreation, and Community Development Housing Division staff to ensure residents of Irvine receive comprehensive attention, resources and direction, with the overall goal of improving their quality of life.

FOR Families staff provides a person-centered approach when working with its residents to foster a trusting, safe and compassionate environment. If you or someone you know needs support or resources and may benefit from services provided, contact FOR Families staff at 949-724-6650 or by email: [forfamilies@cityofirvine.org](mailto:forfamilies@cityofirvine.org). FOR Families is located at City Hall and is comprised of one full-time Supervisor and one extended part-time Outreach Assistant.

The City of Irvine's FOR Families program is here for you and our community to listen, provide support, and create a personalized action plan of resources with the overall hope of reducing pain and stress. We are "the link between the need and the solution" and we look forward to hearing from you.

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Irvine Police Department

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